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Journal of Strength and Conditioning Research: June 2020 - Volume 34 - Issue 6 - p 1774-1789. doi: 10.1519/JSC.0000000000003232. Free; SDC Metrics Abstract. Fleeton, JRM, Sanders, RH, and Fornusek, C. Strength training to improve performance in athletes with cerebral palsy: A systematic review of current evidence. J Strength Cond Res 34(6): 1774–1789, 2020–Persons with cerebral palsy (CP ...

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Journals: ISSN: 10648011, 15334287: Coverage: 1987-2020: Scope: The editorial mission of The Journal of Strength and Conditioning Research (JSCR) is to advance the knowledge about strength and conditioning through research. A unique aspect of this journal is that it includes recommendations for the practical use of research findings. While the ...

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Effects of self-selected music on strength, explosiveness, and mood J Strength Cond Res. 2012 Jul;26(7):1934-8. doi: 10.1519/JSC.0b013e318237e7b3. Authors Matthew S Biagini 1 , Lee E Brown, Jared W Coburn, Daniel A Judelson, Traci A Statler, Martim Bottaro, Tai T Tran, Nick A Longo. Affiliation 1 Department of ...

[Zeitschrift: Journal of Strength and Conditioning Research ...](#)

There is a growing body of literature on strength and conditioning (S&C) interventions for golfers of various skill levels. The aim of this systematic review was to evaluate the effects of S&C interventions on measures of golf performance (clubhead speed, ball speed, distance, etc.). Three databases (PubMed, SPORTDiscus, Web of Science) were searched and twenty-five studies identified that ...

[National Strength and Conditioning Association \(NSCA\)](#)

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Author(s): National Strength & Conditioning Association (U.S.) Title Abbreviation: Strength Cond J Title(s): Strength and conditioning journal. Publication Start Year: 1999 Publication End Year: Frequency: Bimonthly Country of Publication: United States Publisher: Lawrence, KS : Published by Alliance Communications Group, Inc. for the National Strength & Conditioning Association, c1999 ...

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The Journal of Strength and Conditioning Research is a monthly peer-reviewed medical journal which publishes research on aerobic conditioning, including physical strength.It was established in 1987 as the Journal of Applied Sport Science Research, obtaining its current name in 1993.It is published by Lippincott Williams & Wilkins on behalf of the National Strength and Conditioning Association ...

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He is the president of the National Strength and Conditioning Association (NSCA) and a senior associate editor for the Journal of Strength and Conditioning Research. Dr. Haff was the United Kingdom Strength and Conditioning Association (UKSCA) Strength and Conditioning Coach of the Year for Research and Education and the 2011 NSCA William J. Kraemer Outstanding Sport Scientist award winner. He ...

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